

CUESA'S FOODWISE TEENS

A PAID JOB TRAINING INTERNSHIP
FOR BAY AREA YOUTH
FALL 2021



Foodwise Teens is a paid after school job training program where teens build skills to sustain healthy lives and a healthy planet. You'll learn about food justice, develop job skills, and get hands-on experience in the garden, in the kitchen, and at the farmers market, while getting paid for your work.

WHAT YOU'LL LEARN

- Growing food
- Cooking food
- Food justice
- Nutrition
- Taking care of the earth and ourselves
- Public speaking
- Customer service



WHAT YOU'LL DO

- Participate in 10 after school group trainings
- Complete 5 independent assignments
- Work 2 **optional** in-person farmers market days (Saturdays)

EARN A STIPEND UP TO \$550

- **On-Site Trainings:**
\$25/training x 10 trainings = \$250
- **Independent Assignments:**
\$50/assignment x 5 assignments = \$250
- **Optional Market Days:**
\$25/market day x 2 days = \$50

You'll be paid via check after the program ends for the work you complete

CUESA
CULTIVATING A HEALTHY
FOOD SYSTEM

APPLY THIS FALL!
To learn more, contact
CUESA's Education Team at
fwt@cuesa.org

Visit us at cuesa.org/fwt.

Thank you!

WHAT FOODWISE TEENS ARE SAYING...



Work at the farmers market



Meet farmers and food makers

100% of students think it is important to protect nature and to eat healthy after participating in Foodwise Teens!

“Foodwise Teens is especially important right now because COVID restricts human interaction. But Foodwise Teens incorporates a certain sense of human interaction that we have been lacking.”

— Marco, Mission High School



Learn to cook

“This program educated me a lot about how to specifically help my community be food wise. I appreciated the fact that this program helped share resources and ways to have access to nutritious food. I realize that we had a lot more options than frozen, unhealthy foods, we just didn’t have access to that knowledge.”

— Ellie, Academy SF @ McAteer



Grow your own food

“Prior to participating in this program I had never even heard of food justice before but now I feel confidence in acknowledging the problem in my community and coming up with a solution.”

— Nasheeb, John O’Connell High School

“I have learned where my food comes from and how I can help get them to others. This program has helped me grow like the plants farmers grow.”

— Alan, John O’Connell High School



Be part of a team!