FOODWISE TEENS SAY...

"Everyone should have the opportunity to know what it feels like to be healthy—what it’s like to have fresh fruits and vegetables. The produce we’re growing in the garden tastes so good and is good for your body." —Samantha, John O’Connell High School

"I also did the farmers market selling our products. I remember when I went to the Ferry Plaza to meet up with the rest of my classmates. I was so excited. Just the thought of selling crops I helped grow was amazing. Just thinking people actually care and are excited that we were doing this made me proud!" —Rosalinda, John O’Connell High School

"My favorite activity in the garden was harvesting and feeling good knowing the food would be put to good use. It was a nice change of pace being outdoors compared to being cooped up inside, reading from textbooks or doing worksheets. The hands-on experience of being in the garden helped me learn and remember things better because I was doing the work myself." —Cameron, Life Learning Academy
**HOW TO APPLY**

1. **FILL OUT AN APPLICATION**
   You can get an application from one of the Foodwise Teens staff or your teacher!

2. **TURN IN YOUR APPLICATION BY TUESDAY, SEPTEMBER 3, 2019.**
   You can give your application to Mr. Dacquisto in room 211 or mail it to:
   CUESA, Foodwise Teens
   1 Ferry Building, Suite 250
   San Francisco, CA 94111

3. **COME TO AN INTERVIEW**
   Everyone who completes an application will be interviewed. Interviews are
   **Tuesday, September 10, 2019, at 2:45-4:45 pm** at Mission High School,
   in the library. Mark your calendar now, and be sure to arrive on time. Plan to stay for the full interview.

4. **WE’LL BE IN TOUCH!**
   You will receive a phone call from us by Saturday, September 14, 2019, to let you know if you’ve been accepted into Foodwise Teens this year. If you don’t make it this year, we hope you’ll apply again next semester.

5. **WHAT HAPPENS NEXT?**
   We will contact you and tell you where to meet on the first day of the program on **Tuesday, September 17, 2019**. We will give you a packet that you will fill out and bring to us the following week.

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**FALL SEMESTER AFTER SCHOOL PROGRAM**

**WHAT DO YOU DO?**

Everyday after school you will receive a training and then you’ll get to work. Market days are full workdays!

**Trainings:** You will get training in gardening & farming, taking care of the earth, cooking, public speaking, customer service, and food justice.

**Working:** You will work in your school garden, in the CUESA kitchen, and at CUESA farmers markets.

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**WHEN IS IT AND WHERE?**

**10 After School Days...**

September 17, 2019 – November 19, 2019

Tuesdays, 2:45–5:45pm (or 2:45–6:15pm on travel days)

We’ll meet you at Mission High School. Depending on the day, we’ll work at your school garden or in the CUESA Kitchen at the Ferry Building, or we’ll visit another business.

...Plus 2 Farmers Market Days

Thursdays (4:15–8:15pm) at Mission Community Market (22nd & Bartlett) OR Saturdays (8:00am–1:00pm) at the Ferry Plaza Farmers Market (San Francisco Ferry Building)

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**HOW DO YOU GET PAID?**

Foodwise Teens in a paid internship. For every afterschool workday or market day you work, you will get paid.

- After School Workdays: $45/Tuesday
- Market Days: $50/Thursday or Saturday

At the end of the program, you will receive a check for your 2 ½ months of work. You can earn up to $550!

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**SUMMER FELLOWSHIP**

**WHAT DO YOU DO?**

The Summer Fellowship is made of two parts: Summer Prep and Summer Placement.

**Summer Prep (May-June)**

- You will work with a small group of Foodwise Teens hired from different schools around San Francisco.
- You will continue to learn more about gardening and farming, taking care of the earth, cooking, public speaking, customer service, and food justice.
- You will get more experience working in gardens, kitchens, and at CUESA farmers markets!
- You will train to work at a your summer placement site!

**Summer Placement (June-July)**

- You will be partnered with 1 or 2 other Foodwise Teens Fellows to work a local food business (a farm, a grocery store, the farmers market or another food organization).
- Examples of placements you might get are CUESA, Bi-Rite Family of Businesses, or San Francisco Recreation and Parks.

**HOW DO YOU GET PAID?**

The Foodwise Teens Summer Fellowship is paid. For every Summer Prep day or Summer Placement day you work, you will get paid!

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**Questions?**

Contact CUESA’s Education Manager,
Tessa Kappe: tessa@cuesa.org
415.291.3276 x105